



**MATER DEI CATHOLIC HIGH SCHOOL  
HEALTH/EMERGENCY FORMS  
CHECK LIST SCHOOL YEAR 2011/2012**

**Dear Parents/Guardians:**

Starting July 2011, a new law (AB 354) changing California immunization requirements for all students entering 7th-12th grades goes into effect.

For the 2011-12 school year, a new State law now requires that all students entering into 7<sup>th</sup>-12<sup>th</sup> grades get a whooping cough booster shot, called Tdap, before starting school. This includes current students, new students, and transfer students in both public and private schools. Any student who does not have proof of getting a Tdap booster shot will not be allowed to start school until proof of immunization is given to the school.

All Students attending Mater Dei Catholic High School must have on file: Copy of updated Immunization record (proof of Tdap), Emergency Contact Information, Student Health, and Physical Exam forms. Students planning on participating in athletics are required to have a Physical Exam every 12 months. These forms must be completed and signed by their parents/guardian and turned into the Attendance Office by July 1, 2011.

All athletes are required to have on file in the Attendance Office an updated Physical Exam and Sports/Off Campus Release form in order to practice and compete with their respective team. Students not participating on a sports team are required to have a new physical every two years.

All forms are available on the website under Athletics – Health Information

Make sure to read all the forms and complete both sides.

\_\_ Most recent and complete Immunization Record - Photocopy of original for all students in grades 9<sup>th</sup> through 12<sup>th</sup> – *Proof of Tdap vaccine is required for all students –(new, returning, and transfer)*

\_\_ Health History

\_\_ Physical Exam (*Required for all incoming freshmen, transfer students, and students involved in interscholastic sports; otherwise a new physical is required every two years*)

\_\_ Sports Activity/Off Campus Release form (*Both sides must be signed and complete. Form is required if you are involved in interscholastic sports*)

\_\_ Emergency Card form (*Both sides must be completed and signed*)

Thank you,

Mrs. Alvarado,  
Attendance Coordinator